

ADVANCE MOVEMENT PHYSICAL THERAPY: PATIENT HEALTH HISTORY FORM

NAME _____ **BODY PART** _____ **DATE** _____

Date of Birth: _____ Occupation: _____

Who referred you to PT? _____ Reason for your visit: _____

When did your condition start? (Date of injury/ Surgery/ Onset of pain): _____

Are you currently receiving ANY form of Home Health Care?: **YES NO** Date ended: _____

Have you had previous physical therapy for this condition?/Where?: _____

Physician: _____ Next scheduled Dr. appointment (s) Date: _____

Have you had any of the following tests? **YES NO** ___ **XRAY** ___ **MRI** ___ **CT Scan** ___ **EMG** ___ **OTHER:** _____

Are you currently taking any blood thinners? **YES NO** If Yes, please list the date and result of your last INR test: _____

Are you currently taking any medications? **YES NO** Please list: _____
(use back of page if you need more space)

Do you have PAIN? If so DRAW on the BODY CHART where your pain is located >>>>>>>>>>

What does your pain feel like? (check all that apply)

___ **SHARP** ___ **BURNING** ___ **ACHING** ___ **TINGLING** ___ **NUMBNESS** ___ **OTHER:** _____

Does pain radiate into arms or legs? **YES NO** Does pain keep you up at night? **YES NO**

Rate your PAIN at worst on a 0 to 10 scale: **0 1 2 3 4 5 6 7 8 9 10** (circle one)
(0=none, 10=severe)

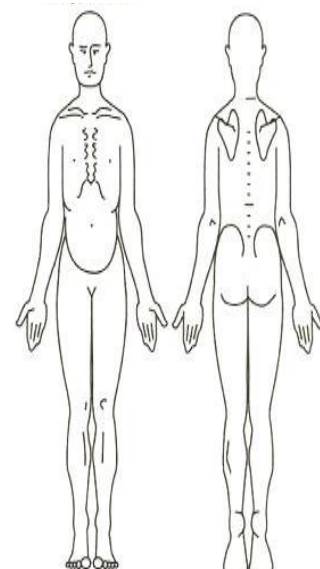
What makes your pain worse?

___ **LYING DOWN** ___ **SITTING** ___ **STANDING** ___ **WALKING** ___ **OTHER:** _____

What makes your pain better?

___ **LYING DOWN** ___ **SITTING** ___ **STANDING** ___ **WALKING** ___ **OTHER:** _____

Activity Level: ___ **LOW** ___ **MEDIUM** ___ **HIGH** Recent weight loss or gain? **YES NO**



Are you sensitive to Heat/Ice **YES NO** Are you Pregnant? **YES NO** Were you in a Motor Vehicle Accident? **YES NO**

Are you currently experiencing or have you experienced any of the following? (check what applies)

- | | | | |
|----------------------|--------------------|------------------------|--------------------------------|
| ___ Heart Disease | ___ Diabetes | ___ Allergies | ___ High Blood Pressure |
| ___ Heart Attack | ___ Pacemaker | ___ Headaches | ___ Thyroid Problems |
| ___ Cancer | ___ Seizures | ___ Hernia (any) | ___ Nervous Disorders |
| ___ Stroke | ___ Dizziness | ___ Kidney Problems | ___ Asthma/Shortness of Breath |
| ___ Previous Surgery | ___ Metal Implants | ___ Infectious Disease | |

If yes to any of the above please give details and approximate dates: _____

Any other conditions we should be aware of? _____

All statements above are true to the best of my knowledge _____

PATIENT SIGNATURE AND DATE